

December 2012



iowacollaboration  
foryouthdevelopment

**Mark Your Calendar**

**SIYAC 2nd  
Quarter Meeting**

**December 11th,  
9:30AM-3:30PM**

**Supreme Court Chambers;  
Capitol Building**

For more information, email  
[jayci.adams-nordstrom@iowa.gov](mailto:jayci.adams-nordstrom@iowa.gov)

**ICYD Council Meeting**

**December 12th, 2PM-4PM**

**Location:** Jessie Parker Build-  
ing; Starkweather Room  
For more information, email  
[steve.michael@iowa.gov](mailto:steve.michael@iowa.gov)

**Human Rights Day**

**December 10th, Noon-8PM  
Downtown Des Moines  
Public Library**

Join us for presenters and  
performers on drama, song,  
music, and poetry.  
Questions or comments? Email  
[mjohnson@dmgov.org](mailto:mjohnson@dmgov.org)

**National Drunk and  
Drugged Driving  
Prevention Month**

For more information visit the  
website: [http://  
www.sadd.org/national3d.htm](http://www.sadd.org/national3d.htm)

**Risky Business Conference**

**April 30th, 2013**

**Location:** Ames, Iowa

This year's conference theme  
is *Technology, Social Media  
and Working with Youth—  
Social Media Revolution 2.0.*

*\*\*Want your event in the next news-  
letter? Contact  
[jayci.adams-nordstrom@iowa.gov](mailto:jayci.adams-nordstrom@iowa.gov) with  
the date, location, and a brief  
description.*

**Happy Holidays to all!**

# ICYD INSIDER

## Youth Development News

### Your Life Iowa

The Iowa Department of Public Health, in partner-  
ship with Boys Town, the State of Iowa Youth Ad-  
visory Council, and the Iowa Youth Congress, has  
initiated a 12 hour hotline, with a text to chat, as  
well as a resource website for those who are af-  
fected by bullying and/or have thoughts of sui-  
cide. This initiative had its jump-start by Governor  
Branstad during the Governor's Bullying Preven-  
tion Summit. Kids bullied are at risk for suicide,  
and the Your Life Iowa hotline and website offers  
guidance and advice from trained counselors.  
This "go-to" resource is a place for youth, profes-  
sionals, and parents to find the answers they  
need about bullying and suicide.

Call 855-581-8111 to talk to a trained counselor  
or text "TALK" to 85511.

Visit the website: <http://yourlifeiowa.org/> for  
resources or to chat online.



**Your Solution to Bullying  
and Suicide Prevention**



### New Website Addressing Teen Issues

Iowa Department of Public Health, in  
partnership with Iowa State University Extension  
and Outreach, has launched an interactive web-  
site for Iowa teens on information about common  
teen issues. The website is designed to show  
teens they have the control over choices they  
make. Youth wanting to learn about alcohol, to-  
bacco, drugs, body image, bullying, suicide, fit-  
ness, nutrition, social circles, teen pregnancy, or  
sexual health, should log on to this site. A won-  
derful aspect of this site is that it contains a blog,  
which offers information on specific teen issues  
as well as encouragement to teens who are con-  
fronted by peer pressure.

A live chat feature on the site is also available for  
youth to talk to teen counselors on health topics.

Lastly, a teen line is available 24 hours a day, 7  
days a week at 1-800-443-8336.

Visit the website: <http://www.IAMincontrol.org>

To submit an article or resource, email  
[jayci.adams-nordstrom@iowa.gov](mailto:jayci.adams-nordstrom@iowa.gov) with an inter-  
net link and description.

## State of Iowa Youth Advisory Council Update

The SIYAC members have been working hard to get ready for our upcoming quarterly meeting on December 11th, 2012. Our last conference call started by having a few announcements, and then moved on to multiple people giving us information about what they and their organization do. We first heard from Mark Vander Linden, who described some things that Your Life Iowa is working on and opportunities they have for people. He asked SIYAC to support Your Life Iowa by giving it a voice and advertising it to people in our own communities. SIYAC was unani-  
mously in support of this initiative. Next, we discussed some things that the IYC representatives wanted SIYAC to assist with and how SIYAC can help in their upcoming adventure of trying to pass some bills. Their focus for the year includes bills for a summer school initiative for elementary schools, a motorcycle helmet law, and a change in the bullying law which would modify the definition of cyber bullying. SIYAC members moved to table the motion for IYC until the second quarter meeting to get more information about what we wanted SIYAC to do to help IYC. We are all looking forward to a productive meeting in December.

\*Natalie Te Grootenhuis (Public relations chair)

You can learn more about SIYAC's 2012 committees and their work with community partners by [clicking here](#).

<http://www.icyd.iowa.gov/>